**Pacific Northwest Region (R6) Casualty Assistance Program (CAP)**

**FY23 Training Opportunities**

**Basic CISM – Assisting Individuals in Crisis and Group Crisis Intervention**

This 3-day course combines the content of Assisting Individuals in Crisis & Group Crisis Intervention courses. Crisis Intervention is a specialized acute emergency mental health intervention that requires specialized training. Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing’s, and the Critical Incident Stress Debriefing (CISD).

**Dates and Location: March 7th, 8th, 9th 2023 in Wenatchee, Washington**

[**Basic CISM**](https://docs.google.com/forms/d/1SzpiVF-CkUCDDVhPVobDXIl3CI2R2-8UVn-47VZAEIk/edit?ts=6373ba07)

**Nominations should be submitted here no later than January 16, 2023.**

**Advanced CISM – Assisting Individuals in Crisis and Group Crisis Intervention**

Basic CISM is a prerequisite for this 4-day course. This course builds upon and is the logical continuation of the

basic course. Using the SAFER-R framework as a platform, participants are introduced to scenario-based variations of the model. Topics such as advanced psychological triage, grief, suicide intervention, challenges in follow up and referral, and self-care are addressed. In addition, participants are asked to evaluate pre-recorded video examples of crisis intervention using the SAFER-R model. At the conclusion of this course, participants will have been exposed to specific, proven strategies to intervene with those suffering the ill effects of their exposure to trauma. Emphasis will be on advanced defusing’s, and debriefings in complex situations.

**Dates and Location: March 27th, 28th, 29th, 30th In Coeur d’Alene, Idaho**

[**Advanced CISM**](https://docs.google.com/forms/d/14jK4_JK5cjEwHdNKTcfawifKFoVlDjxcjDrthIwZe_4/edit?ts=6373b9ee)

**Nominations should be submitted here no later than January 16, 2023.**

**Hospital and Family Liaison – *Virtual Session***

Unexpected serious injury, illness or death invokes a unique set of emotional challenges that must be processed and dealt with. During this time of profound stress, employees and family members will likely be overwhelmed with all kinds of information and decisions that require immediate resolution. The Family and Hospital Liaisons bridge support services with the injured/ill employee and/or the grieving family. They also support the family and assure Agency officials that the family’s needs are being met. Without a doubt, these are some of the most demanding and important roles in the incident support organization. This course will provide tools and guidance to liaisons.

 **Date April 4th, 5th 6th Virtual**

[**Hospital and Family Liaison**](https://docs.google.com/forms/d/1iNF2JV85PyOwokxLRuTUdXkXqJPEqfxspS9RHgtYPm4/edit?ts=6373b9d1)

**Nominations for either session should be submitted here no later than January 16, 2023**

*There’s no tuition associated with training sessions…travel/time to be covered by employee’s home unit.*

**You Will Not Stand Alone (YWNSA)**

**Objectives:** provide tangible resources for reference; provide an opportunity to build a support network; participate in incident-based scenarios to build familiarity with possible real-life events

**Outcomes:** students will gain knowledge, resources, and a support system to better prepare themselves and their home unit for a response to a critical incident; participants will identify home unit strengths, weaknesses, and opportunities and plan to adjust as needed to prepare for critical incidents; participants will gain knowledge, resources, and a support system to make proactive changes on their home unit

**Dates and Location: May 15th, 16th, 17th, 18th Boise, Idaho**

[**YWNSA**](https://docs.google.com/forms/d/1h49qB6D9TZIaDzfZ1UnPncFE6s9d-XKYU7LzIqqPlR4/edit?ts=6373b999)

**Nominations should be submitted here no later than January 16, 2023.**

**Death Notification – *Virtual Session***

Death notification is difficult, and emotional laden communication for those tasked to deliver this news with compassion. this four-hour seminar provides defined educational interventions focused on the GRIEV\_ING mnemonic which can improve confidence and competence in death notification

**Dates : VIRTUAL February 15**

[**Death Notification**](https://docs.google.com/forms/d/1ezg4Q2dga1GEMXUs70C8l9GE8RNWhchZ1nxOQO5DZrw/edit?ts=6373b91b)

**Nominations should be submitted here no later than January 16, 2023.**

**Suicide Awareness for First Responders – *Virtual Session***

This course is recommended for those without formal mental health training, to recognize and respond and intervene with suicidal individuals. Audience includes peer supporters, line officers, agency administrators, emergency responders. Objective is to increase awareness, provide information and basic skills to respond to a person considering suicide and provide an initial overview of how to recognize and effectively intervene with suicidal individuals.

**Dates: VIRTUAL April 3rd**

[**Suicide Awareness for First Responders**](https://docs.google.com/forms/d/12-1XTvqm-JkKA-CHoKkaebLgMY5yhLE-jv50PJIXMTE/edit)

**Nominations should be submitted here no later than January 16, 2023.**